



MIDDLETON TURKEY TROT

Welcome to the 6th Annual Middleton Turkey Trot 5k!!

We are so excited to share our Thanksgiving morning with you while raising money for the Middleton Food Pantry, Middleton Veteran's Services, Council on Aging, Flint Library, and other great causes!

We have 520+ registered racers as of today, and are confident we'll reach over 650 participants come race day! That would be our BIGGEST turnout to date!!! It just keeps getting better!!

As we gear up for race day, below are some details you should know to ensure a pleasant racing experience from start to finish.

Race Snapshot

When: November 23rd, Thanksgiving Morning
Race Start Time: 8AM
Where: Behind the Flint Public Library, 1 S. Main Street, Middleton, MA

Pre-Race Packet Pick-Up

Please pick up your race numbers, shirts, etc. at our pre-race packet pick up!

Wednesday, 9am -1 PM at TrueView Financial located at: 259 S. Main St., in Middleton!

(*Yes, you can pick up for your friends)

* Parking is available on the side street between TrueView and Mobil Gas.

Race Day Packet Pick-Up / Last Minute Registration

Race day packet pickup and registration will be open from 6:30AM-8AM, inside the Library.

Race Logistics

At the start line, we ask that participants seed themselves by pace, and kindly request all strollers, walkers, and all 4-legged friends to line up behind all runners. The timing has changed this year.

We will have a starting pad so as each runner crosses it, their individual time will begin! No more wondering if your time would have been better if you started on the line!

Racecourse

The race starts & finishes behind the Flint Public Library. Picturesque 5K (3.1 mile) lollipop racecourse with some rolling hills. Course follows the Middleton Pond on paved road for approximately .7 miles before turning into a hard-packed dirt road for another .5 miles. The course will loop around residential back roads before returning to Flint Library.

Water/Hydration Stop

We will have 1 water stop sponsored by our friends at CrossFit WICKED shortly after the one-mile mark before the loop, so runners can get a drink before and/or after the loop. If you choose to bring your own fuel, please do not litter.

Race Day Parking

Parking is available at Howe-Manning School, behind Memorial Hall, and at Middleton Green (1 Central St). Wheelchair accessible parking will be permitted at the Library's 7 spots on Pleasant St.

Porta-Potties

There will be porta-potties on the grass by the starting line, and bathrooms inside the Library.

Awards

All race finishers will be given a finisher medal at the Finish Line. We'll be starting the awards at approximately 9:00AM.

Top 3 M/F Overall

Top 3 M/F by age group: 12-and-under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

Largest Team, Fastest Team (3+ people, not gender specific), Fastest Stroller

****No Double Dipping**

Festivities

We will have several sponsor tables helping to improve our race experience:

- CrossFit will lead a warmup prior to the race for anyone interested.
- Indulge Spa will be offering chair and table massages!
- John Bucchiere III, Scoutmaster for Troop 19, will have a table with a large prize basket on display. All you'll have to do is beat the first Scout across the finish line, to get a raffle ticket to win! Visit John to learn more!

Refreshments

We will have water, coffee (Starbucks!), hot cocoa, tea, bagels from our sponsor Bagel World, bananas & oranges sponsored by Hotworx, Kate's Real Bars, and other treats will be available post-race for all to enjoy!

Race Swag

Long sleeve race shirts were guaranteed to anyone pre-registered on or before 11/14. After that date, shirt sizes will be distributed by your registration date. No shirts will be held or mailed out post event if you do not pick them up.

We'll be selling other Turkey Merchandise (New in - Pint Glasses!) at pre-race packet pickup and on race morning. (CASH/CREDIT/CHECK/VENMO)

Thank You to All Our Amazing Sponsors!

TrueView Financial – Presenting Sponsor

Stair Hopper	CrossFit Wicked	Rizzo's Pizzeria & Grille
Middleton Family Medicine	Town Line Luxury Lanes	Middleton Karate
Five Mark Realty	Ultra Safe Pest Management	Modern Time Construction
D&M Civil	Bev Animal Natural Health Ctr	Duffy Insurance
BLC Financial	Draper & Kramer Mortgage	Eternal Massage
JC Fence	Ben Franklin Print Co	Epic Plumbing & Heating
Angelo's Auto Body	HD Physical Therapy	Btone Fitness
Farrar Gates & Green	Hayden Wealth Management	Blooms of Boston
The Goddard School	Elite Realty	Starbucks
Teresa's Italian	Cut-Splice	Indulge Spa
Bagel World	Bertolino Foods	Sol Bean
Richardson's Ice Cream	Magical Beginnings	Hotworx 24 hr. Infrared
Salem Five Bank	Winfrey's Fudge & Chocolates	Fitness Studio
Sports Rehab Unlimited	Middleton Family Dental	

If you have any additional questions, please email Courtney Lee & Michelle DeBonis @ middletonturkeytrot@gmail.com

See you on Wednesday at packet pickup and on Thursday morning!

The Turkey Trot Team

www.middletonturkeytrot.org